

## Inside Panel 1

### What Is Hyperhidrosis?

Hyperhidrosis, or excessive sweating, is a common disorder which produces a lot of unhappiness. An estimated 2%-3% of Americans suffer from excessive sweating of the underarms (axillary hyperhidrosis) or of the palms and soles of the feet (palmoplantar hyperhidrosis).



### What Causes Hyperhidrosis?

Although neurologic, endocrine, infectious, and other systemic diseases can sometimes cause hyperhidrosis, most cases occur in people who are otherwise healthy. Heat and emotions may trigger hyperhidrosis in some, but many who suffer from hyperhidrosis sweat nearly all their waking hours, regardless of their mood or the weather.



## Inside Panel 2

### What is the Treatment for Hyperhidrosis?

Through a systematic evaluation of causes and triggers of hyperhidrosis, followed by a judicious, stepwise approach to treatment, many people with this annoying disorder can achieve good results and improved quality of life. Here is a list of most common treatments:

- Prescription antiperspirant
- Nerve-blocking medications
- Antidepressants
- Botulinum toxin injections
- Iontophoresis
- Sweat gland removal
- Nerve surgery (ETS)

## Inside Panel 3

### Which treatment is right for me?

There are several treatments for hyperhidrosis. The result of each treatment depends on the severity of your sweating and the condition of your body. Schedule a Free No-obligation Consultation with our hyperhidrosis specialists to discuss the cons and pros of each option and choose the solution that works best for you. Call Us Now: (310) 326-3063

### Comparison of Different Methods to Treat Excessive Hand Sweating\*

	Antiperspirants (Drysol®, etc.)	Oral Medications	Botox® Injections	Iontophoresis	Homeopathic Remedies	ETS Surgery
Strength	+	+	++	++	-	+++
Required Repeat Rate	2-3 nights per week	Daily	Every 9 months	Once per week	Daily	One time
Effectiveness Period	2-3 days	1-2 days	6-9 months*	1-2 weeks	Not effective	Lifetime
Insurance	Covered	Covered	Not Covered	Partial	Not Covered	Covered
Out of Pocket	\$	\$	\$\$\$\$	\$\$\$	\$\$	\$
Pros	- Prescribable by primary care - Easy to try		- No need for insurance approval	- Available home kits	N/A	- One-time procedure - Minimally invasive - Covered by insurance
Cons	- Dry and itchy skin - Ineffective for severe cases	- Dry mouth - Blurry vision - Short term	- Painful injections - Decreased sensation - Weakened muscles	- Dry and Itchy skin - Time- consuming	- Not working	- Possible compensatory sweating
Offered at Our Institute?	Yes	Yes	Yes	No	No	Yes

## Why Choose Torrance Hyperhidrosis Institute?

### State of the art facility



Our 14,000 sqft facility in Torrance is equipped with the the most advanced equipment, that makes your hyperhidrosis procedure effective and stress-free.

### Award-winning Physicians

Dr. Roohipour and Dr. Fuller are board-certified & fellowship-trained specialists with years of experience in diagnostic and therapeutic procedures. They have changed the lives of hundreds of patients who suffered from palmar, axillary and plantar hyperhidrosis.

### Flexible Financial Options

Several hyperhidrosis procedures are covered by insurance. If you are not insured or your insurance does not fully cover your procedure, we have partnered with several health financial institutes to facilitate your procedures. Call our office to learn more about your options.

## Meet our Hyperhidrosis Experts

### Ramin M. Roohipour, MD, FACS



Dr. Ramin Roohipour is a board certified general surgeon who is fellowship trained in Minimally Invasive, Metabolic (Bariatric) & Endocrine Surgery. He graduated from medical school in 1996 and after passing all qualification exams in United States

embarked on the residency in surgery at Columbia University College of Physicians & Surgeons at Harlem Hospital Center.

### Clark Fuller, MD

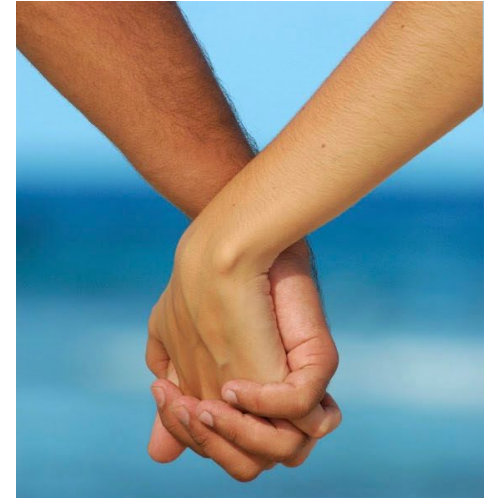


Clark Fuller, MD is board-certified by the American Board of Thoracic Surgery. He possesses extensive experience in minimally invasive thoracic surgery, with expertise in lung cancer and lung metastases screening and treatment, esophageal

cancer and motility disorders, disease of the thymus, aerodigestive tract stenting, and chest wall tumors.



**Stop Sweaty Hands,  
Start a New Life**



**CALL NOW: (310) 326-3063**

Or visit: [www.mysweatypalsm.com](http://www.mysweatypalsm.com)

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